



# KING'S CHOIR

THE JUBILEE MAJESTIC CONCERT CHOIR'S NEWSLETTER



- HAPPY BIRTHDAY
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- PISTACHIO CAKE
- MAZE CRAZE
- MONTHLY BIBLE READING
- COLORECTAL CANCER AWARENESS MONTH

CELEBRATING 67 YEARS

# HYMN OF THE MONTH

## BLESSED ASSURANCE

*Author – Fanny J. Crosby 1820 – 1915*

*Composer – Phoebe P. Knapp 1839 – 1908*

*Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water. ~ Hebrews 10: 22*

Gospel music as an important form of Christian hymnody had its beginning in the latter half of the nineteenth century and is associated with such well-known names as Moody, Sankey, Bliss and Frances Jane Crosby. Crosby, perhaps more than any other writer, however, truly captured the spirit of the American gospel song movement. As one author has written. Gospel hymnody has the distinction of being America's most typical contribution to Christian song. Gospel hymnody has been a plough digging up hardened surfaces of paved minds; its very obviousness has been its strength. It is the music of the people.

It is truly amazing that anyone, and especially a blind person, could write on this variety of spiritual truths and experiences with such proliferation. For a considerable period during her life, while under contract to a music publisher, she wrote three new hymns each week. She used over 200 pen names besides her own. Many of her original texts are still being uncovered and no doubt will be pushed in the near future. The music for the hymn was composed by Mrs. Joseph Knapp, an amateur musician, of the founder of the Metropolitan Life Insurance company and a close personal friend of Fanny Crosby.

Blessed assurance, Jesus is mine!  
O what a foretaste of glory divine!  
Heir of salvation, purchase of God,  
Born of His spirit, washed in His blood.

Perfect submission, perfect delight!  
Visions of rapture now burst on my sight.  
Angels descending bring from above.  
Echoes of mercy, whisper of love.

Perfect submission all is at rest,  
I in my Savior and happy and blest.  
Watching and waiting looking above  
Filled with His goodness, lost in His love.

This is my story, this is my song,  
Praising my Savior all the day long;  
This is my story, this is my song,  
Praising my Savior all day long.



Aries make fantastic mates, great leaders and good politicians. Aries can get anything they want off the ground, but they may land back down again with a bump. Quick to think and

act, Arians are often intelligent and have little patience with fools. This includes anyone who is slower than them. They are one of the most tidiest of people and they are impatient with details, except when engaged upon their special subject, then Arians can fiddle around for hours. They are willing to make huge financial sacrifices for their

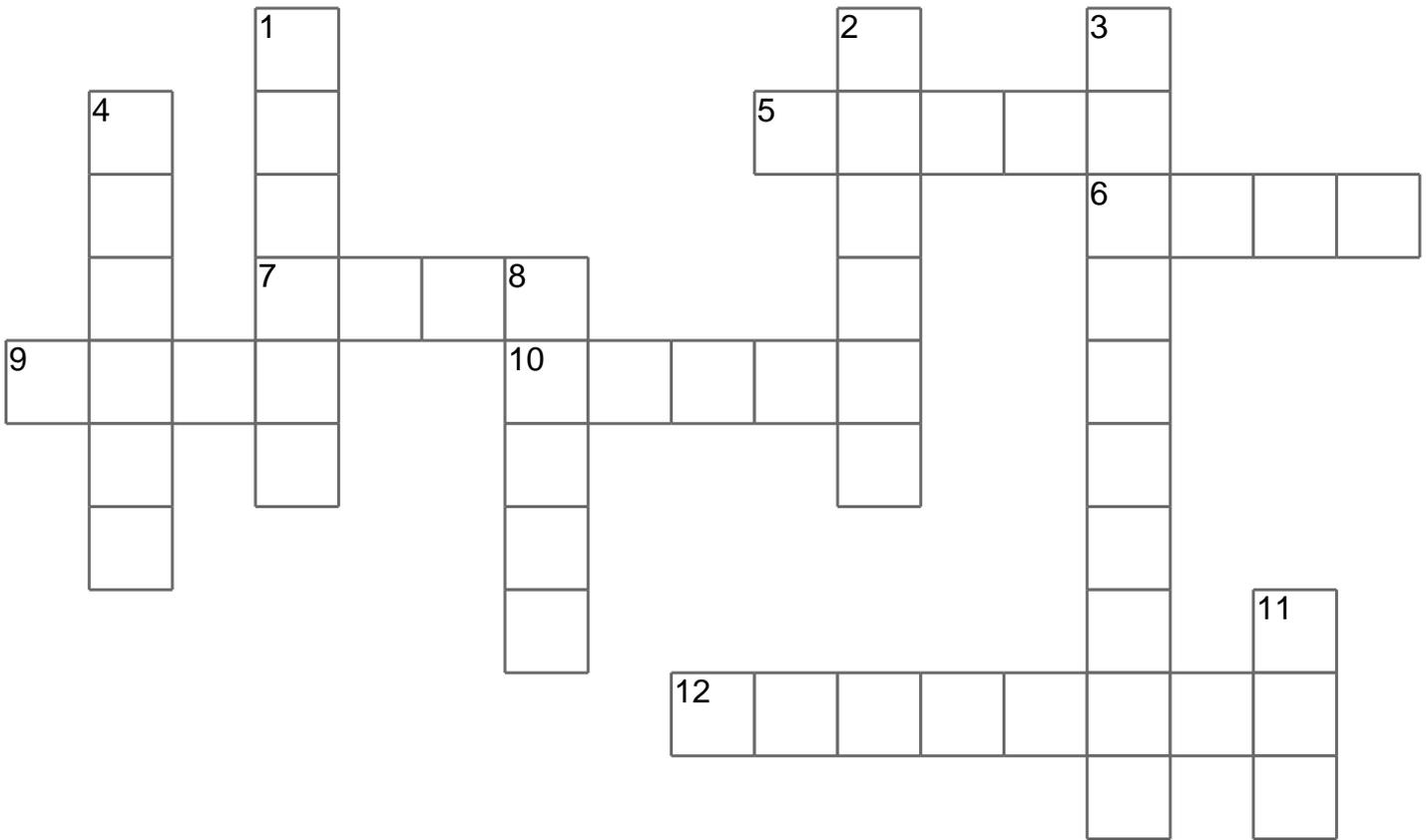
families and they can put up with relatives living with them as long as this leaves them free to do their own thing.

Aries' faults are those of impatience and impetuosity, coupled with a hot temper. They can pick a furious row with a supposed adversary, tear him or her to pieces then walk away from the situation five minutes later, forgetting all about it. Unfortunately, the poor victim can't always shake off the effect of the row in quite the same way. However, Arian cheerfulness, spontaneous generosity and kindness make them the great friends to have.

### ARIES BIRTHDAYS

- Nathaniel Byrd, 26<sup>th</sup>

# SPRING CROSSWORD



## ACROSS

- 5. A flower
- 6. Precipitation
- 7. Not cold or hot
- 9. Flying a \_\_\_\_\_ is the perfect windy day activity
- 10. Another month of Spring
- 12. Rain or sun protection

## DOWN

- 1. A brief fall of rain
- 2. A small pool of water
- 3. A day for playing tricks
- 4. The season after winter
- 8. A month of Spring
- 11. Mother's Day is celebrated on the second Sunday of the month of

APRIL	RAIN	SHOWER	WARM
PUDDLE	MAY	SPRING	KITE
TULIP	MARCH	UMBRELLA	APRIL FOOLS

# PISTACHIO CAKE

By Makinze Gore | Published December 16, 2021

## Ingredients

### FOR THE CAKE

- Cooking spray
- 2 c. unsalted pistachios
- 2 1/4 c. all-purpose flour
- 4 tbsp. cornstarch
- 2 tsp. baking powder
- 1 tsp. kosher salt
- 1 tsp. ground cardamom
- 1/2 tsp. baking soda
- 3/4 c. (1 1/2 sticks) butter, softened
- 1 c. packed dark brown sugar
- 3/4 c. granulated sugar
- 2 large eggs
- 1/2 c. sour cream
- 1 tsp. almond extract
- 1 c. milk

### FOR CREAM CHEESE FROSTING

- 1 (8-oz.) block cream cheese, softened
- 1/2 c. (1 stick) butter, softened
- 4 c. powdered sugar
- 2 tbsp. heavy cream
- 1 tsp. pure vanilla extract
- Pinch kosher salt

## Directions

### Step 1

Make cake: Adjust racks to center and lower-third position, and preheat oven to 350°. Line 3, 8" cake pans with parchment, and grease with cooking spray. In a food processor, pulse pistachios into fine crumbs. Measure out 1 tablespoon and reserve for decorating.

### Step 2

In a large bowl, combine remaining ground pistachios, flour, cornstarch, baking powder, salt, cardamom, and baking soda.



### Step 3

In another large bowl using a hand mixer, or in the bowl of a stand mixer fitted with the paddle attachment, beat butter and sugars until light and fluffy. Add eggs, one at a time, beating well after each addition. Add sour cream and almond extract, and beat until incorporated.

### Step 4

Add about half of the dry ingredients to the wet, and mix until almost combined. Then add milk and beat again. Add remaining dry ingredients, and beat until just combined. Divide batter evenly between prepared pans, and smooth top.

### Step 5

Bake until a toothpick inserted in the middles come out clean, 30 to 35 minutes. Let cool 15 minutes, then invert onto a wire cooling rack to cool completely.

### Step 6

Make frosting: In a large bowl using a hand mixer or in the bowl of a stand mixer fitted with the paddle attachment, beat cream cheese and butter until smooth. Add powdered sugar and beat until no lumps remain. Add heavy cream, vanilla, and a pinch of salt, and beat until combined.

### Step 7

Using a large serrated knife, level tops of cooled cakes as needed. Place 1 layer on a serving platter, and top with about 1/4 of the frosting. Use an offset spatula to smooth into an even layer. Repeat with remaining layers, then frost sides of cake with remaining frosting.

### Step 8

Sprinkle reserved ground pistachios around the edge of the top of the cake.



S F N U S R P R S F Z R A R J  
 L T Z U U P C I A R G Q S G M  
 D Y P K A T R T G C W F H Y F  
 A G K A E H T I O R M B W S X  
 P D H O T U C S N A T K E A K  
 O Z O W E R E E S G W G D R K  
 Q V S S J K I K R X X N N G N  
 Y N D R A B S C K P C D E I L  
 F A C C H C L G K Q E X S D P  
 Y O N S D R I B E S D L D R A  
 Q A W F S D Y K Y F D U A A R  
 P Y D L W R O O I X B A Y M A  
 E G N A H C E M I T U Z Y O D  
 Q M V N Q F M A Y A K T M O E  
 Q S S H A M R O C K Z E P Q B

## WORD SEARCH

ASH WEDNESDAY

LEPRECHAUN

PANCAKES

SPRING

BIRDS

MARDI GRAS

PARADE

ST. PATRICKS DAY

FAT TUESDAY

MASKS

SHAMROCK

TIME CHANGE

# JMCC SPOTLIGHT

By Swami White

**Randolett Johnson** was born in Akron, Ohio. She moved to Washington, DC. at an early age and made it her home. She the 3rd child of 4 and she is also a twin and she is the only girl. Randolett has three children, Charles, Damyon, and Ashley. She also has 8 grandchildren and 1 great grandchild. I asked her who was the favorite she replied and said they are special in they own way.

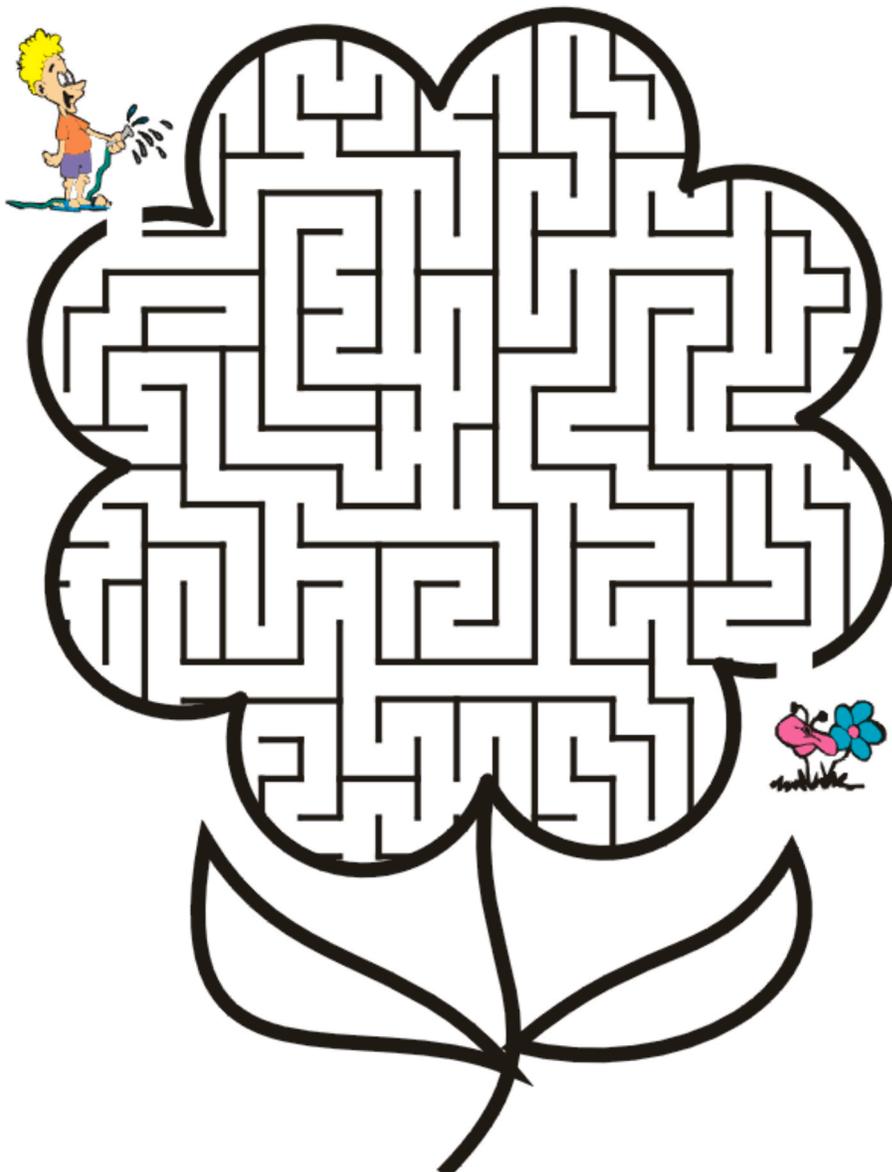
A honor roll graduate of Roosevelt High School Randolett went on to become a registered nurse, serving in public health industry for 35 years, working in the following units; Neurosurgery, Critical Care, Medical Surgery, Outpatient, OB-GYN, and Pediatrics.

At 3 years old Randolett learned the 23rd Psalms in school where they had prayer in the schools. After being baptized at Tenth Street Baptist Church, Randolett was tasked with reciting the 23rd Psalm, which is her favorite scripture. However, she would not do it because she was too shy to speak in front of a large audience. Sister Dorothy Jones was Randolett's Sunday School teacher and spiritual advisor at Tenth Street Baptist Church, she told Randolett that God knew she would need to take care of her mother. Randolett joined the Majestics in 2011 and you could find her singing in the alto section along side Ashley. Two of her favorite song are "*How Great Thou Art*" and "*We Shall Behold Him*". Some of her favorite quotes are; "If you want the piece of God you must first have peace with God", and "Men can appoint, but God can disappoint what man tries to appoint without God".

Some things you don't know about Randolett is she played the flute in school with the marching band and became a majorette in high school.

Randolett also played with the DC symphony orchestra. Her hobbies are bowling, sewing, cooking, roller skating, and shooting pool.

Randolett is also known as "LaLa" to those who grew up in her neighborhood or went to school with her. That nickname was given to her by her twin brother. If you ever meet or get a chance to know Randolett the one word that best describe her is Love. In order to obey God commandment we need to love everybody.





# MARCH

## Bible Reading Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>26</b> Psalm 119:57-112	<b>27</b> 2 Kings 12 Philippians 1	<b>28</b> 2 Kings 13 Philippians 2	<b>1</b> Psalm 119:113-176	<b>2</b> 2 Kings 14 Philippians 3	<b>3</b> 2 Kings 15 Philippians 4	<b>4</b> Proverbs 10
<b>5</b>	<b>6</b> 2 Kings 16 John 1	<b>7</b> 2 Kings 17 John 2	<b>8</b> Psalm 121	<b>9</b> 2 Kings 18 John 3	<b>10</b> 2 Kings 19 John 4	<b>11</b> Proverbs 11
<b>12</b> Psalm 120	<b>13</b> 2 Kings 20 John 5	<b>14</b> 2 Kings 21 John 6	<b>15</b> Psalm 123	<b>16</b> 2 Kings 22 John 7	<b>17</b> 2 Kings 23 John 8	<b>18</b> Proverbs 12
<b>19</b> Psalm 122	<b>20</b> 2 Kings 24 John 9	<b>21</b> 2 Kings 25 John 10	<b>22</b> Psalm 125	<b>23</b> 1 Chronicles 1 John 11	<b>24</b> 1 Chronicles 2 John 12	<b>25</b> Proverbs 13
<b>26</b> Psalm 124	<b>27</b> 1 Chronicles 3 John 13	<b>28</b> 1 Chronicles 4 John 14	<b>29</b> Psalm 127	<b>30</b> 1 Chronicles 5 John 15	<b>31</b> 1 Chronicles 6 John 16	<b>1</b> Proverbs 14

# MARCH IS NATIONAL COLORECTAL CANCER AWARENESS MONTH

*By Colorectal Cancer Alliance*

Colorectal cancer, or CRC, is a disease of the colon or rectum, which are parts of the digestive system. Unlike most cancers, colorectal cancer is often preventable with screening and highly treatable when detected early.

Most cases of colorectal cancer occur in people ages 45 and older, but the disease is increasingly affecting younger people. Each year, about 150,000 Americans are diagnosed with this disease and more than 50,000 die.

Colorectal cancer may develop without symptoms. If you are 45 or older and at average risk, it's time to get screened. It pays to have a healthy lifestyle.

While screening is the most important step you can take to prevent colorectal cancer, it's not the only one.

You may be able to lower your colorectal cancer risk with some simple lifestyle changes. Be proactive about keeping yourself healthy. It will pay off!

To learn more visit the [Colorectal Cancer Alliance](#) website. Take this short quiz to receive personalized screening options based on your individual risk factors. [[QUIZ](#)]

## What You Need to Know ABOUT COLON CANCER



Your colon is the lower end of your digestive system



Colon cancer affects men and women equally



On average, your risk is about 1 in 20



90% of new cases occur in people 50 or older



Colon cancer is on the rise in those under 50.

### RISK FACTORS

People in the following categories are at greater risk of developing the disease:

- Individuals with a personal and/or family history of polyps or cancer
- People over age 50
- Those with ulcerative colitis or Crohn's disease
- Individuals with the genetic conditions Hereditary Nonpolyposis Colon Cancer (HNPCC) or Familial Adenomatous Polyposis (FAP)
- Jews of Eastern European descent and certain ethnic groups including African Americans, Native Americans, Alaskan Natives and Latinos

### SYMPTOMS

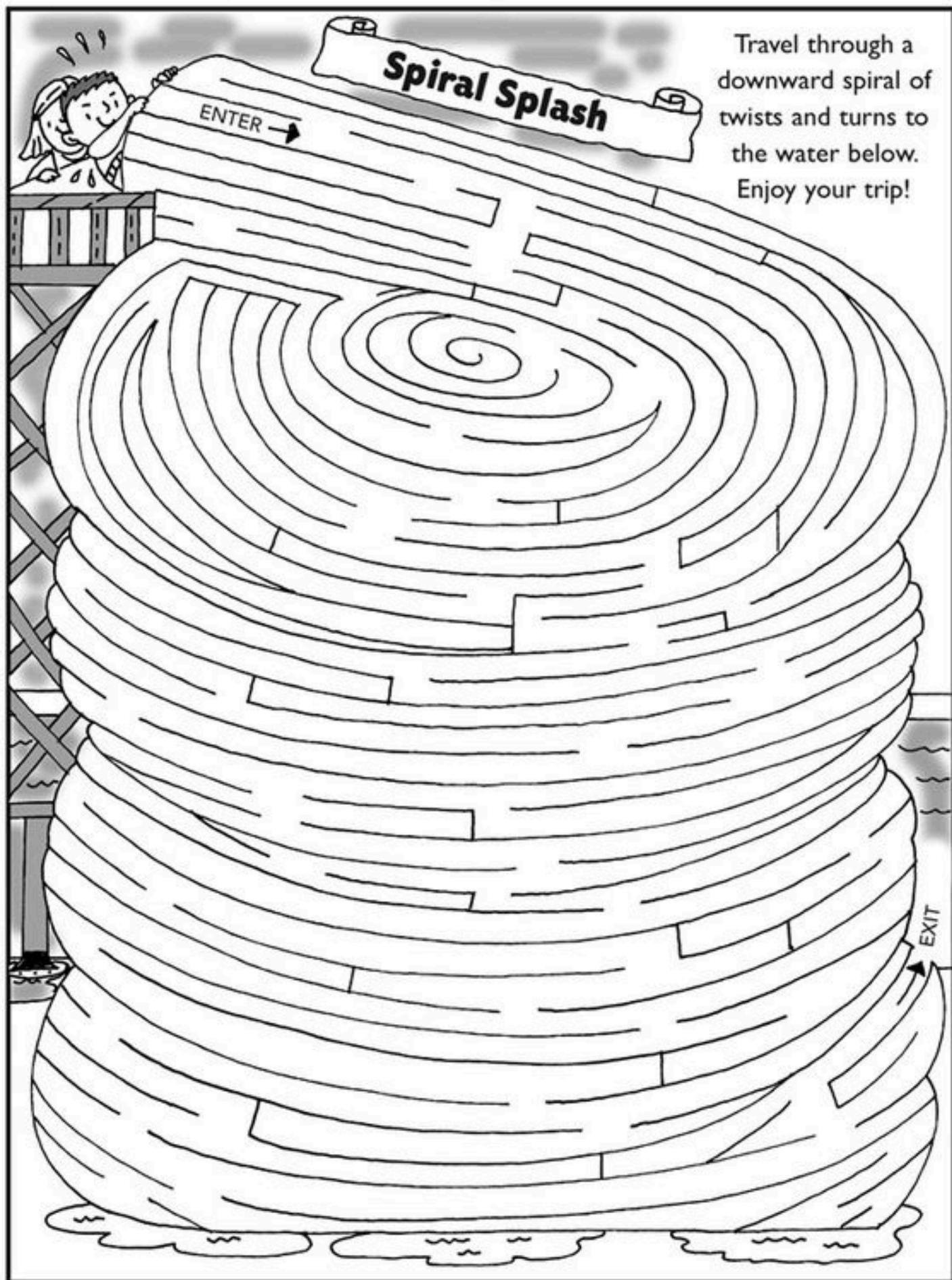
- Change in bowel habits
- Rectal bleeding or blood in your stool
- Persistent abdominal discomfort
- Nausea or vomiting
- Unexplained weight loss
- Chronic fatigue

Oftentimes, symptoms do not appear in early stages of the disease. Do not wait for symptoms before talking to your doctor.

### What You Can Do

- Get screened at age 50, or at 45 if you're African American. Get screened earlier if you're high risk
- Maintain a healthy weight
- Adopt a physically active lifestyle
- Eat a healthy diet
- Don't use tobacco products
- Limit alcohol intake





Travel through a downward spiral of twists and turns to the water below. Enjoy your trip!

# Happy Retirement!

*Veronica,*

*May God bless you with a fantastic retirement. You deserve all the best things in life. Let God be there for you to enjoy the ride. We truly love you and thank you for your service to the choir and executive board.*

*Enjoy your freedom and never-ending weekends in your fabulous new zip code.*

*~ JMCC*



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A 501(c) (3) charitable organization

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